The Polar Express

at the National Museum of Railroad History and Innovation



A Social Narrative for teens and adults.



For this trip to the National Museum of Railroad History and Innovation, things will look a bit different.



The entrance will be on the side of the North Car Shop. Check-in will be organized by what kind of ticket each person has.



The North Car Shop and Welcome Depot area will have food, bathrooms, and different activities for visitors. It may get crowded and loud.



Before the show begins everyone will line up based on the color wristband they were given at check-in. Once everyone is in line the show will start! The rumble of the train will be very loud.



After the show introduction, the train will begin boarding. Staff will tell everyone where to go as the line moves forward.



Onboard the train there will be a performance, a reading of the Polar Express, and a visit from Santa.



After the train ride everyone gets to visit the North Pole. Here there are more activities, a cafe, a gift shop, and another opportunity to see Santa.



Inside the North Pole it can be very bright and sometimes it gets crowded. There is a Sensory Station for taking breaks.



You can spend as much time as you like in the North Pole. Once you are done, you exit back through the North Car Shop.

Additional Resources for Polar Express

- Sensory Map
- Visual Schedule Cards
- Child Social Narrative
- Take Home Sensory Kits (Check-in Desk)
- Headphone Check-out (Check-in Desk)
- Sensory Station (Model Train Gallery



**Staff wearing a Neurodiversity symbol pin participated in an accessibility training prior to the start of the Polar Express experience.*